



BRIX RATINGS

for produce found at Robert Fresh Market

BRIX TESTING measures the sweetness of fruits. Juice samples are analyzed with a **REFRACTOMETER** and given a number rating based on sucrose level. The higher the rating, the sweeter the fruit.

Produce	Poor	Average	Good	Excellent
Apples	6	10	14	18
Bananas	8	10	12	14
Beets	6	8	10	12
Blackberries	4	6	8	12
Blueberries	7	9	12	15
Cantaloupes	8	12	14	16
Cherries	6	8	14	16
Grapes	8	12	16	20
Grapefruit	6	10	14	18
Honeydew	8	10	12	14
Lemons	4	6	8	12
Limes	4	6	10	12
Mangoes	4	6	10	14
Nectarines	6	12	16	20
Oranges	6	10	16	20
Peaches	6	10	14	18
Pears	6	10	12	14
Pineapple	12	14	20	22
Plums	8	12	16	20
Raspberries	6	8	12	14
Strawberries	6	10	14	16
Tomatoes	4	6	8	12
Watermelons	8	12	14	16

Managers test produce on a daily basis. Select ratings are displayed. You can ask your produce manager to test any piece of produce for you in-store.

